

2019-20	Learn Together Values
September	Well-being <i>Back to School/ New Routines and Safety Measures/ Class Charters</i>
October	Positivity: Growth Mindset <i>The benefits of positive thinking Positive thinking in practice</i>
November	Thankfulness <i>Thanksgiving, Thurs 26th November</i>
December	Peacefulness <i>Winter/Festivals of Light/Hanukkah /Christmas</i>
January	Kindness and Empathy <i>New Year, New Start</i>
February	Positive Relationships: Friendship and Love <i>Valentine's Day</i>
March	Active Citizenship (Connectedness, Civic Responsibilities & Participation) <i>National Holiday, March 17th</i>
April	Mindfulness <i>Being present, Meditation and Mindful Practice</i>
May	Celebration of Character Strengths <i>Spot, Identify and Use</i>
June	Healthy Body, Happy Mind <i>Physical Activity, Healthy Eating, Creativity, Play and Relaxation</i>